

RAFFLES GIRLS PRIMARY SCHOOL

# Programme for Active Learning (CCE)

Curriculum Briefing



# Rootedness and Growth through Play & Share



# Introduction

## PAL in RGPS

Our Curriculum and unique activities to bring out Social  
Emotional Competencies and CCE Values



## PAL Characteristics



### Experiential in nature

- Hands-on and meaningful
- Reaction time to express thoughts and feelings

### Provides opportunities for children to create

- Allows for active participation
- Time and space provided

## PAL CHARACTERISTICS

### Encompasses learning in a creative way

- Space to explore and apply skills and concepts
- Deepen learning
- Make connections

### Incorporates values education and social-emotional learning

- Inculcate values
- Develop SEC

### Fun and enjoyable

- Age-appropriate
- Captivate interest
- Process of learning, thinking and doing



### Ignite the joy of learning in students

- enrich students' experiences
- meaningful play and learning
- **3C**- confidence, cooperation, creativity
- deepen sense of rootedness through the deliberate planning of activities tied in to the NE theme



# PAL Modules



## Visual Arts

**P1: You, Me and  
Our Little Red Dot**

Learn about the unique places in SG and use them as inspiration for their work



## Sports & Games

**P1: Lost in Time –  
Past to Future**  
**P2: Back from Future**

Learn about the journey of SG and use games to practice the values



## Performing Arts

**P1: Our Music Journey**  
**P2: Music Across  
Cultures**

Learn about the music and dance from different cultures in SG



## Outdoor Ed.

**P2: Loving Our  
Outdoors**

Learn about the environment and community in school

All modules take on a **Discovery Journey** as a context of play and having fun,

- Platform to explore and engage their 5 senses
- Opportunities to strengthen SE competencies & RGPS Girl dispositions through
  - a) Active Learning;
  - b) Inquiry-based Learning;
  - c) Experiential Learning; and
  - d) Experiential-Inquiry Learning



# The Flow of each Module – SEC Strand



1

- Knowing Myself –Self Awareness & Management theme

2

- Knowing Others – Social Awareness Themes

3

- How we Live together -Relationship Management & Decision Making Themes





# Project Positivity through PAL lessons



RGPS has created a 'Growth Mindset for the Family' programme

to

- Help children learn about well-being skills (with a focus on Growth Mindset) with the support of their parents/guardians
- Develop more positive and nurturing relationships between parents and their children at home



# Project Positivity through PAL



## Overview of Growth Mindset Topics for P1 & P2

1. Identifying Feelings
2. Talking about Negative Feelings
3. Understanding our Thoughts and Feelings
4. Growth Mindset: We can Improve with Effort
5. Growth Mindset: We can Grow from Challenges
6. Growth Mindset: We can Learn from Others



# Support from Parents ✦



- ensure your child comes in PE attire on PAL days
- Water bottle, wet wipes
- PAL Journal will be given to your child in class.



- Project Positivity :  
Practice Growth Mindset with your child/ward by completing the Parent-Child activities  
assigned during PAL lessons



THANK YOU

